



# COMMUNITY RESILIENCE PLANNING

Community resilience plans cover a range of different emergencies that an area could face. The more resilient a community is, the more prepared and efficient it can be to respond and minimise the impacts, should an emergency situation arise.

Two key aspects of community emergency resilience are:

1. **Staying informed**
2. **Having a plan**

It is important that your plan is up to date so that it can be used effectively during an emergency. This ensures that all the information and resources are together in one location so that the necessary actions and assistance can be provided in the community when required.

## Plans can highlight:

- Who may be vulnerable and who can help.
- Useful contact details.
- Any useful resources available to use in the community, for example, a defibrillator.
- Members of the community who have a specific set of skills, such as first aid, which may be helpful in an emergency.

## How to keep updated

You can stay informed and up to date with current emergency situations or adverse events that may act as a trigger for your plan, through a number of ways:

1. Environment Agency Flood Alert and Warning system
2. Through television, radio broadcasts and relevant websites.
3. Online via social media



Some of the emergencies that a community could plan for include:

- **Flooding**
- **Severe winter weather**
- **Droughts**
- **Powercuts**
- **Fires**
- **Travel Disruption**
- **Animal Diseases**
- **Pandemic flu outbreaks**

Forming a community resilience group is a great first step in becoming resilient together. The group could be specific for tackling incidents such as flooding, or it can prepare for a range of different emergency situations.

The group can come together to discuss what resources or skills the community has that could make them more resilient to an adverse event. A community group working together as a team will be effective in improving resilience.

Community groups can:

- Hold a meeting to discuss what the community wants to do.
- Contact your local council or parish council to help get a meeting set up.
- Spread the word via leaflets or social media groups.